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Earn 1 credit hour for successfully completing each test. This is a self-instruction program.

At the completion of this test, participants should be able to:

- Discuss the variations in composite types and choose one that delivers the best clinical outcomes
- Educate patients about the dangers of DIY dentistry
- Compare hand scaling, piezo, and magnetostrictive plaque removal and when to use each

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Self-Instruction Test February 2026 ♦ 1 CE ♦ Check the box next to the most correct answer.

1. Lower-filled materials such as flowables and dual-cures shrink more than packable composites and should be limited to small, non-load-bearing areas.
☐ True
☐ False
2. Which composite type is recommended for all multi-surface, load-bearing posterior restorations?
☐ A. Shade-matching composite
☐ B. Flowable composite
☐ C. Dual-cure composite
☐ D. Packable universal composite
3. DIY (Do-It-Yourself) dentistry is gaining momentum, and procedures like orthodontics, veneers, and whitening have highly positive outcomes.
☐ True
☐ False
4. Which methodology is more important in scaling?
☐ A. Hand scaling only
☐ B. Ultrasonic scaling only
☐ C. BOTH hand scaling and ultrasonic scaling should be used in conjunction for best patient outcomes.
☐ D. Magnetostrictive scaling only
5. What are some limitations of ultrasonic scaling only?
☐ A. Operators can become over reliant on the device, leading to a decline in operator technique.
☐ B. Typically takes longer.
☐ C. Physically taxing on the operator's hands.
☐ D. A regular sharpening schedule is essential otherwise instrument will be ineffective.
6. BC SEALER ION+ may be used with cold or warm treatment, has improved handling, and excellent radiopacity.
☐ True
☐ False
7. EsCem RMGI Luting Cement has the following desirable characteristics compared to market leaders, **except**:
☐ A. One esthetic, more translucent shade.
☐ B. Higher physical properties.
☐ C. Availability from all major US dental dealers.
☐ D. Lower price.
8. Woodpecker X-Star Curing Light has the following desirable design features:
☐ A. Large diameter curing tip.
☐ B. 90-degree output for easy access.
☐ C. High power for quick cure.
☐ D. All of the above

To receive credit, all 2026 tests are due by
DECEMBER 15, 2026

Submit your test answers online at CliniciansReport.org and receive immediate results;
mail to Clinicians Report, Attn CE Tests, 3707 N Canyon Rd, Bldg 7, Provo UT 84604;
fax 888-353-2121; or scan and email to CR@CliniciansReport.org.

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